



**Wellness Works**  
*Healing the Body. Healing the Soul.*



# February 2018

		Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sunday &amp; Monday CLOSED</b>	<p style="text-align: center; color: purple;"><b>WE ARE NOW OPEN DURING EVENING HOURS, FOR APPOINTMENTS ONLY.</b></p>			1  <b>CLINIC</b>	2  EFT Tapping 2:00pm – 5:00pm	3  <b>Pranic Healing</b> 11:00am – 5:00pm
	6  Writing Class 12:30pm – 3:00pm	7  Acupuncture 9:30am – 12:30pm	8  <b>CLINIC</b>	9  EFT Tapping 2:00pm – 5:00pm	10  <b>Pranic Healing</b> 11:00am – 5:00pm	
	13  Writing Class 12:30pm – 3:00pm	14  Acupuncture 9:30am – 12:30pm  <i>♥ Happy Valentines Day ♥</i>	15  <b>CLINIC</b>	16  EFT Tapping 2:00pm – 5:00pm	17   <b>11:00am - 3:00pm</b>	
	20  Writing Class 12:30pm – 3:00pm	21  Acupuncture 9:30am – 12:30pm	22  <b>CLINIC</b>	23  EFT Tapping 2:00pm – 5:00pm <b>Healing Services @ VV</b> 12:00pm – 3:30pm	24  <b>Pranic Healing</b> 11:00am – 5:00pm	
	27  Writing Class 12:30pm – 3:00pm	28  Acupuncture 9:30am – 12:30pm	<p><b>Thank you for supporting our Community Center</b></p> <p><i>Together Wellness Works makes a difference for Veterans and their families.</i></p>			

See back for details

**540 W. Broadway Glendale, CA 91204**  
**(818) 247-2062**

**Operating Hours: Tue. – Sat. from 10am to 5pm**  
[www.wellnessworksglendale.org](http://www.wellnessworksglendale.org)

*Wellness Works is a 501,c,3 not for profit center  
 All donations are tax deductible*

**Veterans Village**  
**331 Salem St. Glendale, CA 91203**  
[www.ndvets.org](http://www.ndvets.org)



**Wellness Works**  
Healing the Body. Healing the Soul.



## Therapies

**Cranial Sacral & Reflexology**  
By Appointment Only

**Acupuncture**  
Wednesdays 9:30am – 12:30pm  
Fridays 12:30pm – 3:30pm @ VV

**EFT Tapping**  
Fridays 11:00pm – 5:00pm

**Pranic Healing**  
Saturdays 11:00am – 5:00pm

**Psychotherapy Services**  
By appointment only.  
Please call for details.



Wellness Works is a 501,c,3 not for profit center  
All donations are tax deductible

## Therapy Dogs

The Pet-Assisted Therapy program has become a wonderful partner with Wellness Works. Come meet our friends every Wednesday.



**Niko** – 1<sup>st</sup> Wednesday of the month  
12:00pm – 3:00pm  
**Molly** – 3<sup>rd</sup> Wednesday of the month  
12:00pm – 3:00pm  
**Chester** – 4<sup>th</sup> Wednesday of the month  
10:30pm – 12:00pm



## BBQ

The Veteran Welcome Center invites veterans and their families to come and enjoy a restful afternoon and to learn ways to help with stress and relaxation.

### Program Includes:

- *Wellness Works Clinic*
- **1** treatment for actively enrolled clients
- **1** demonstration of basic wellness practice



**BBQ Menu:**  
Hot Dogs  
Beef Burgers  
Salmon Burgers  
Side dishes