




Wellness Works
Healing the Body. Healing the Soul.

May 2017

	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday & Monday CLOSED	2 Reiki Healing 11:00am - 2:00pm	3 Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm	4	5 Qigong Class 1:00pm - 2:00pm EFT Tapping 2:00pm - 5:00pm	6 Pranic Healing 10:30am - 4:00pm
	9 Reiki Healing 11:00am - 2:00pm	10 Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm	11	12 Qigong Class 1:00pm - 2:00pm	13 Pranic Healing 10:30am - 4:00pm
	16 Reiki Healing 11:00am - 2:00pm	17 Acupuncture @ Veterans Village 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm	18	19 Qigong Class 1:00pm - 2:00pm EFT Tapping 2:00pm - 5:00pm	20  11:00am - 3:00pm
	23	24	25	26	27
	Wellness Works classes and treatments continue at <u>Veterans Village</u> beginning 5/23.				
	30 Reiki Healing 11:00am - 2:00pm	31 Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm	<p>Thank you for supporting our Community Center</p> <p>Together Wellness Works makes a difference for Veterans and their families.</p>		

See back for details

540 W. Broadway Glendale, CA 91204
(818) 247-2062

www.wellnessworksglendale.org

Veterans Village
331 Salem St. Glendale, CA 91203

www.ndvets.org

Wellness Works is a 501,c,3 not for profit center

All donations are tax deductible



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Therapies

Cranial Sacral & Reflexology
By Appointment Only

Reiki Healing
Tuesdays 11:00am – 2:00pm

Acupuncture
Wednesdays 9:30am – 12:00pm

EFT Tapping
1st & 3rd Friday of the month
2:00pm – 5:00pm

Qigong Class
Fridays 1:00pm – 2:00pm

Pranic Healing
Saturdays 10:30am – 4:30pm

Therapy Dogs

The Pet-Assisted Therapy program has become a wonderful partner with Wellness Works. Come meet our friends every Wednesday.

Niko – 1st Wednesday of the month
12:00pm – 3:00pm
Molly – 3rd Wednesday of the month
12:00pm – 3:00pm
Chester – 4th Wednesday of the month
10:30pm – 12:00pm



BBQ

The Veteran Welcome Center invites veterans and their families to come and enjoy a restful afternoon and to learn ways to help with stress and relaxation.

Program Includes:

- Demonstrations of basic wellness practices to symptoms of stress and pain.

BBQ Menu:

Hot Dogs
Beef Burgers
Salmon Burgers
Side dishes