



April 2017

	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday & Monday CLOSED	<p>Thank you for supporting our Community Center</p> <p>Together Wellness Works makes a difference for Veterans and their families.</p>				<p>1</p> <p>Pranic Healing 10:30am - 4:00pm</p>
	<p>4</p> <p>Reiki Healing 11:00am - 2:00pm</p>	<p>5</p> <p>Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm</p>	<p>6</p>	<p>7</p> <p>Qigong Class 1:00pm - 2:00pm EFT Tapping 2:00pm - 2:00pm</p>	<p>8</p> <p>Pranic Healing 10:30am - 4:00pm Acupuncture 11:00am-4:00pm</p>
	<p>11</p> <p>Reiki Healing 11:00am - 2:00pm</p>	<p>12</p> <p>Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm</p>	<p>13</p>	<p>14</p> <p>Qigong Class 1:00pm - 2:00pm</p>	<p>15</p> <p>BBQ 11:00am - 3:00pm</p>
	<p>18</p> <p>Reiki Healing 11:00am - 2:00pm</p>	<p>19</p> <p>Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm</p>	<p>20</p>	<p>21</p> <p>Qigong Class 1:00pm - 2:00pm EFT Tapping 2:00pm - 5:00pm</p>	<p>22</p> <p>Pranic Healing 10:30am - 4:00pm Acupuncture 11:00am-4:00pm</p>
	<p>25</p> <p>Reiki Healing 11:00am - 2:00pm</p>	<p>26</p> <p>Acupuncture 9:30am - 12:00pm Writing Therapy Class 12:30pm - 3:00pm</p>	<p>27</p>	<p>28</p> <p>Qigong Class 1:00pm - 2:00pm</p>	<p>29</p> <p>Pranic Healing 10:30am - 4:00pm</p>
	<p>See back for details</p>				

540 W. Broadway Glendale, CA 91204
(818) 247-2062

Wellness Works is a 501,c,3 not for profit center

www.wellnessworksglendale.org

All donations are tax deductible

APRIL



Therapies

Cranial Sacral & Reflexology
By Appointment Only

Reiki Healing
Tuesdays 11:00am – 2:00pm

Acupuncture
Wednesdays 9:30am – 12:00pm

EFT Tapping
1st & 3rd Friday of the month
2:00pm – 5:00pm

Qigong Class
Fridays 1:00pm – 2:00pm

Acupuncture
2nd & 4th Saturday of the month
11:00am – 4:00pm

Pranic Healing
Saturdays 10:30am – 4:00pm

Therapy Dogs

The Pet-Assisted Therapy program has become a wonderful partner with Wellness Works. Come meet our friends every Wednesday.

Niko – 1st Wednesday of the month
12:00pm – 3:00pm
Molly – 3rd Wednesday of the month
12:00pm – 3:00pm
Chester – 4th Wednesday of the month
10:30pm – 12:00pm



BBQ

The Veteran Welcome Center invites veterans and their families to come and enjoy a restful afternoon and to learn ways to help with stress and relaxation.

Program Includes:

- *Wellness Works Clinic*
- **1** treatment for actively enrolled clients
- **1** demonstration of basic wellness practice

BBQ Menu:

Hot Dogs
Beef Burgers
Salmon Burgers
Side dishes