



Wellness Works
Healing the Body. Healing the Soul.



August 2016

	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday & Monday CLOSED	2	3 Acupuncture 10:00am – 12:00pm Writing Therapy Class 12:30pm – 3:30pm Niko Therapy Dog 12:00pm – 3:00pm	4	5	6 Acupuncture 12:00pm – 4:00pm
	9	10 Acupuncture 10:00am – 12:00pm Writing Therapy Class 12:30pm – 3:30pm	11	12	13 CLOSED
	16	17 Acupuncture 10:00am – 12:00pm Writing Therapy Class 12:30pm – 3:30pm Molly Therapy Dog 12:00pm – 3:00pm	18	19	20 BBQ 11:00am – 3:00pm
	23	24 Acupuncture 10:00am – 12:00pm Writing Therapy Class 12:30pm – 3:30pm	25	26	27 CLOSED
	30	31 Acupuncture 10:00am – 12:00pm Writing Therapy Class 12:30pm – 3:30pm	Thank you for supporting our Community Center Together Wellness Works makes a difference for Veterans and their families.		

See back for details

540 W. Broadway Glendale, CA 91204
(818) 247-2062

Wellness Works is a 501,c,3 not for profit center

www.wellnessworksglendale.org

All donations are tax deductible



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AUGUST 2016

Therapies

Acupuncture

Wed. 10:00am – 12:00pm
Sat. 1st & 3rd of the month 12pm – 4pm



Not on Our Watch

Please sign-up for this event

- ❖ We need veterans to stand post and civilians to stand vigil.
- ❖ Website sign-ups are available through <http://wellnessworksglendale.org/20noow16/>
- ❖ For assistance with sign-up, please call our office.
- ❖ Sign-ups will also be available during the August BBQ.
- ❖ We are raising funds to pay for city permits and other requirements. Please help us fundraise through gofund.me/NOOW2016

We appreciate your cooperation to sign-up promptly.

Please share this information with friends and family

BBQ

The Veteran Welcome Center invites veterans and their families to come and enjoy a restful afternoon and to learn ways to help with stress and relaxation.

Program Includes:

- *Wellness Works Clinic*
- **1** treatment for actively enrolled clients
- **1** demonstration of basic wellness practice

BBQ Menu:

*Hot Dogs
Beef Burgers
Salmon Burgers
Side dishes*

***Last BBQ until October**